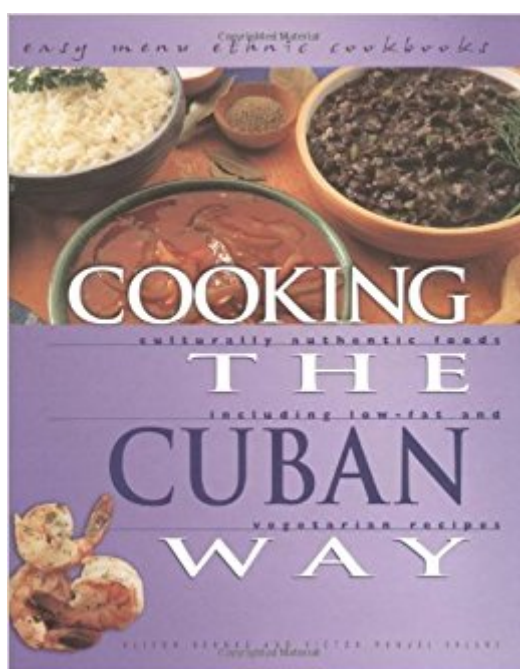


The book was found

Cooking The Cuban Way: Culturally Authentic Foods, Including Low-Fat And Vegetarian Recipes (Easy Menu Ethnic Cookbooks)



Synopsis

Presents recipes for dishes, such as Bird's Nest Soup, Stargazy Pie, and Hopping John, from eleven different countries. Includes lists of cooking utensils, terms, and special ingredients. --This text refers to an out of print or unavailable edition of this title.

Book Information

Lexile Measure: 1080L (What's this?)

Series: Easy Menu Ethnic Cookbooks

Library Binding: 72 pages

Publisher: Lerner Publications (January 1, 2004)

Language: English

ISBN-10: 0822541297

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Average Customer Review: 1.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #980,037 in Books (See Top 100 in Books) #146 in [Books > Cookbooks, Food & Wine > Regional & International > Caribbean & West Indian](#) #448 in [Books > Children's Books > Geography & Cultures > Cultural Studies > Customs, Traditions, Anthropology](#) #602 in [Books > Children's Books > Children's Cookbooks](#)

Age Range: 10 and up

Grade Level: 5 and up

Customer Reviews

I'm not sure why they call this cooking the Cuban Way. There are only a few Cuban recipes here, and nothing that really stands out. Low-fat and Vegetarian are two terms that are completely foreign to Cuban cuisine! There are much better Cuban cookbooks: Memories of a Cuban Kitchen, Three Guys from Miami Cook Cuban, and Cuba Cocina just to name a few.

TAKE IT FROM A CUBAN WHO GREWUP WITH TRUE CUBAN COOKS IN THE KITCHEN.....THIS IS NOT CUBAN..DO NOT WASTE YOUR MONEY.

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